



SAFETY SHARE: PROTECTING YOUR HEAD

Importance of Protecting Against Head Injuries:

Your head is your most valuable asset, especially in the workplace. Traumatic Brain Injuries (TBI) are a real threat, with thousands occurring annually due to various hazards. According to OSHA, head injuries rank among the most common workplace injuries, underlining the urgency of head protection.

Top Five Tips for Head Protection:

- 1. Wear Proper Headgear:** Use helmets or hard hats designed for your job's specific requirements. Ensure a snug fit and replace them if they suffer any damage.
- 2. Stay Alert:** Be vigilant for potential overhead hazards or falling objects. Steer clear of high-risk areas.
- 3. Secure Loose Items:** Always secure tools, equipment, and materials properly to prevent them from becoming dangerous projectiles.
- 4. Training and Awareness:** Educate yourself and your coworkers about head injury risks and the best safety practices to minimize them.
- 5. Regular Inspections:** Routinely inspect and maintain your safety gear, including head protection, to guarantee they meet standards and remain effective.

Remember, a moment's lapse in head protection can lead to lifelong consequences. Prioritize safety and keep your head protected at all times.

SAFETY SHARE

Quick Steps:



Wear Proper Headgear

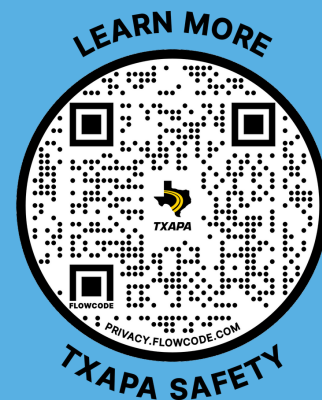
Specific to your job duties, fits properly, and free of damage.

Stay Alert

Be vigilant for overhead hazards and avoid high risk areas.

Secure Loose Items

Store tools and equipment properly to prevent them from becoming projectiles.



Contact Us:



(512) 312-5043



www.texasasphalt.org