



SAFETY SHARE: SUBSTANCE ABUSE IN THE WORKPLACE

Substance abuse in the workplace is a critical safety issue that impacts productivity, morale, and overall safety. It includes the misuse of alcohol, prescription drugs, and illegal substances that impair an individual's ability to work effectively. Addressing substance abuse is vital for a healthy work environment, maintaining safety, and supporting individuals in seeking help.

The Impact of Substance Abuse

1. Decreased Productivity: Impaired focus, reduced productivity, and absenteeism.
2. Increased Safety Risks: Impairment can lead to accidents, injuries, or fatalities, especially in roles requiring machinery operation or transportation.
3. Strained Workplace Relationships: Substance abuse can cause disruptive behavior and conflicts.
4. Health Concerns: Long-term abuse leads to health issues and increased healthcare costs.

Signs of Substance Abuse

1. Some common indicators include:
2. Frequent Absences or Tardiness
3. Decreased Performance
4. Physical and Behavioral Changes
5. Neglect of Personal Hygiene
6. Secretive or Suspicious Behavior

SAFETY SHARE

Seek Help:



- National Helpline (SAMHSA): Confidential, free, 24-hour helpline. Call 1-800-662-HELP (4357)
- National Suicide Prevention Lifeline: In a crisis, reach 988
- Workplace EAP Programs: Many employers provide counseling and support services.



Contact Us:



(512) 312-5043



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